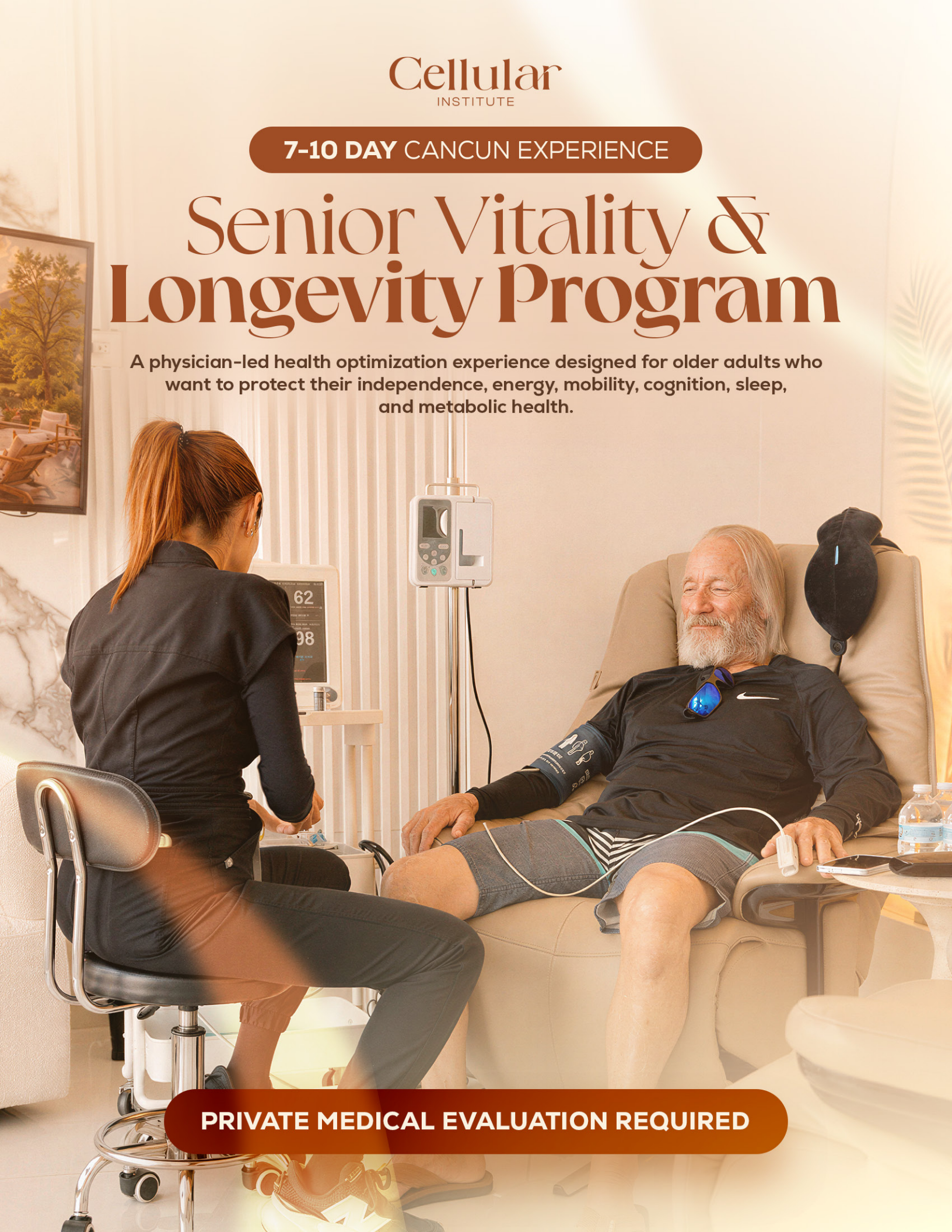
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7-10 DAY CANCUN EXPERIENCE

Senior Vitality & Longevity Program

A physician-led health optimization experience designed for older adults who want to protect their independence, energy, mobility, cognition, sleep, and metabolic health.



PRIVATE MEDICAL EVALUATION REQUIRED


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Teresa Sudano
Patient Coordinator
Dr. Rafael Mo
Pauli Barco

A proactive approach to aging

MORE YEARS SHOULD MEAN MORE LIFE IN YOUR YEARS.

The program brings diagnostics, regenerative medicine, physician-guided therapies, recovery technologies, and a restorative Cancun setting into one coordinated experience.

01 • ENERGY
Support daily stamina and recovery



02 • COGNITION
Focus, memory habits, and mental clarity



03 • SLEEP
Restorative routines and recovery support



04 • METABOLIC
Glucose, insulin, body composition, nutrition



05 • MOBILITY
Strength, balance, flexibility, and confidence



06 • RESILIENCE
Immune, pulmonary, and stress-recovery support



SCIENCE WITH INTEGRITY

Cellular senescence is one of several biological processes associated with aging. However, mesenchymal stem cells have not been proven to "kill" senescent cells or reverse aging. Our approach is built around careful medical evaluation, measurable health goals, supportive regenerative care, and honest expectations. We do not promise to cure disease or turn back the clock.

PERSONALIZED • PHYSICIAN LED • OUTCOMES VARY

HOW THE PROGRAM WORKS

ONE PROGRAM. FIVE COORDINATED STAGES.

Your protocol is not selected from a menu alone. It is assembled after reviewing your health history, medications, goals, risk factors, and ability to travel.

01 Pre-Travel Review

- Virtual medical consultation, health history, medications, prior testing, travel readiness, and initial goals.

02 Baseline Diagnostics

- CBC, lipid profile, liver panel, glucose, insulin, HbA1c, urea, creatinine, body composition, and other testing as indicated.

03 Personalized Protocol

- A physician determines which IV, cellular, exosome, peptide, nutrition, and recovery components are appropriate—and which should

04 Treatment + Recovery

- Medical procedures are coordinated with mobility work, rest days, red light, HBOT, PEMF, or other supportive technologies.

05 Follow-up Plan

- Exit evaluation, home recommendations, supplement plan, coordination with your physician, and 30/60/90-day follow-up.

Each component serves a different role. Not every patient receives every therapy.

All procedures require informed consent and physician approval. Some components may be substituted, postponed, or excluded based on your medical evaluation.

The Longevity TOOLKIT

01

REGENERATIVE CELLULAR CARE

Physician-selected MSC and exosome components may be considered to support cellular signaling, recovery, and healthy-aging goals. Doses and routes are individualized.

02

IV + METABOLIC SUPPORT

Hydration and selected nutrients may include a Myers-style infusion, glutathione, vitamins, minerals, or other components guided by testing and medical history.

03

PEPTIDE + MITOCHONDRIAL SUPPORT

Epitalon, SS-31, or other peptide options may be discussed when medically appropriate. Many peptides remain investigational and are not FDA-approved.

04

RECOVERY TECHNOLOGIES

Hyperbaric oxygen, red light, PEMF, physical rehabilitation, and mobility work may be scheduled to support recovery, comfort, and function.

05

OZONE-BASED PROCEDURES

Ozone or EVO/EBOO may be considered as an optional physician-directed procedure. Evidence for broad longevity claims is not established.

06

THERAPEUTIC PLASMA EXCHANGE

TPE is an advanced medical procedure that replaces plasma. It requires specific screening and is reserved for selected patients—not automatically included.



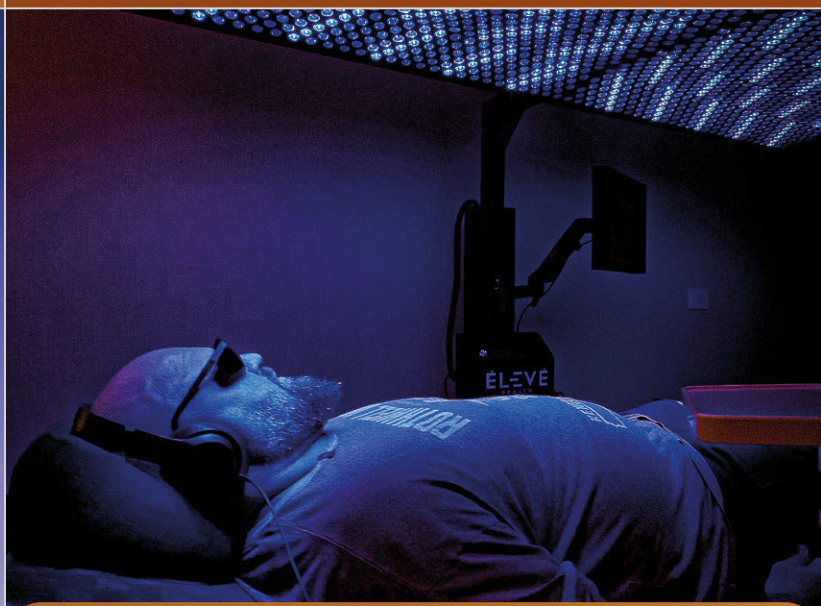
01 REGENERATIVE CELLULAR CARE



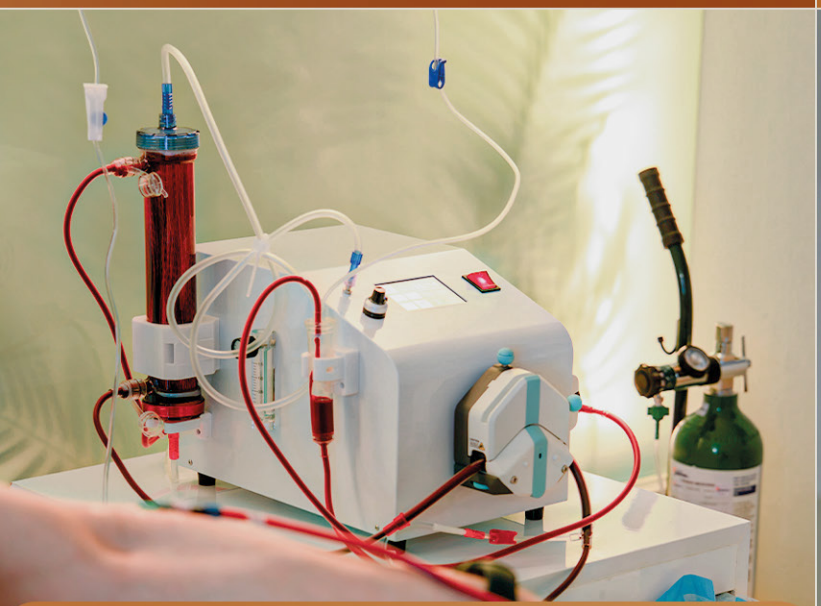
02 IV + METABOLIC SUPPORT



03 PEPTIDE + MITOCHONDRIAL SUPPORT



04 RECOVERY TECHNOLOGIES



05 OZONE-BASED PROCEDURES



06 THERAPEUTIC PLASMA EXCHANGE

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PROGRAM LEVELS

Choose The Depth Of The Experience

NOT A PROMISE OF OUTCOME

The original Senior Wellness structure has been expanded into three Cancun based programs. Exact products, doses, session counts, and prices are finalized after medical review.

ESSENTIAL RESET 7 DAYS A focused foundation for proactive senior wellness.	ADVANCED RENEWAL 8/9 DAYS A broader program for energy, sleep, cognition, and recovery.	ELITE LONGEVITY 10 DAYS The most comprehensive senior health optimization experience.
Pre-travel virtual medical consultation	Everything in Essential Reset	Everything in Advanced Renewal
Baseline laboratory and metabolic review	Enhanced IV support, including glutathione when appropriate	Expanded exosome component typically up to 4 Flow vials, if approved
Personalized anti-inflammatory nutrition plan	Physician-guided peptide component, including Epitalon where appropriate	Physician-selected mitochondrial support such as SS-31, if appropriate
Myers-style IV nutrient infusion	Expanded HBOT, red light, PEMF, and mobility schedule	Enhanced HBOT, red light, PEMF, IV, and rehabilitation schedule
40M IV MSC component, if approved	Optional ozone-based session after screening	TPE evaluation and optional session when clinically indicated
2 Flow exosome vials, if approved	Mid-program medical review	Private concierge scheduling and recovery planning
Supplement and mobility plan	Expanded sleep, cognitive, and metabolic plan	Comprehensive exit evaluation
Red light, PEMF, and rehabilitation sessions	Priority care coordination	30/60/90-day follow-up pathway
Best for patients seeking a structured entry program	Best for patients who want more time and recovery support.	Best for patients seeking the broadest coordinated program

TRAVEL, LODGING, MEALS, ELECTIVE EXCURSIONS, HOSPITAL FEES, AND COMPANION SERVICES ARE INCLUDED ONLY WHEN SPECIFICALLY STATED IN THE FINAL WRITTEN PROPOSAL.

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ILLUSTRATIVE ITINERARY

The experience leaves protected time for sleep, hydration, meals, family, and gentle enjoyment of Cancun between appointments.

WHAT 7–10 DAYS in Cancún may look like

Your exact sequence will depend on your medical plan, recovery, laboratory results, and selected program.

BEFORE ARRIVAL
Virtual consult, medical records, medications, travel clearance.

DAY 1
Airport arrival, concierge check-in, rest, hydration.

DAY 2
Physician evaluation, bloodwork, body composition, nutrition review.

DAY 3
IV support, red light, PEMF, mobility assessment.

DAY 4
Cellular/exosome protocol when approved, followed by observation and rest.

DAY 5
HBOT or recovery technologies, rehabilitation, medical check-in.

DAY 6
Light activity, beach or hotel recovery time, optional companion day.

DAY 7
Peptide, IV, or ozone-based component when approved.

DAY 8/9
Advanced recovery schedule; TPE only when selected and medically indicated.

FINAL DAY
Exit evaluation, home plan, follow-up schedule, departure coordination.



WHY CANCUN. WHY CELLULAR INSTITUTE.

Serious Medical Planning In A Setting That Helps You Slow Down

Cellular Institute combines international patient coordination with the clinical, laboratory, training, and recovery infrastructure of the **GLOBAL STEM CELLS GROUP ECOSYSTEM.**

ONE INTEGRATED ECOSYSTEM

CELLULAR INSTITUTE

Clinical evaluation and patient care

CELLGENIC

Laboratory, product quality, and batch documentation ecosystem

ISSCA

Physician education, certification, and regenerative medicine training network

10+ YEARS

Serving international patients in Cancun

CONCIERGE

Airport pickup, lodging guidance, schedules, and companions

CANCUN

Warm weather, ocean access, and restorative downtime

CARE TEAM

Physician, nursing, coordination, mobility, and follow-up

TRANSPARENCY

Consultation, testing, informed consent, and documented plan

FLEXIBILITY

Programs can be adjusted to your health and travel needs

Your time between appointments matters. We intentionally design space for rest, meals, movement, family connection, and the Mexican Caribbean without treating the trip like a rushed procedure schedule.



NEXT STEP

IS THE SENIOR VITALITY & LONGEVITY PROGRAM RIGHT FOR YOU?

Every candidate begins with a conversation, followed by medical review before any procedure is scheduled or promised.

A GOOD STARTING POINT

- You are an older adult seeking proactive health optimization.
- You are medically stable enough to travel to Cancun.
- You are willing to share complete records and medication history.
- You understand the program supports goals but cannot guarantee outcomes.

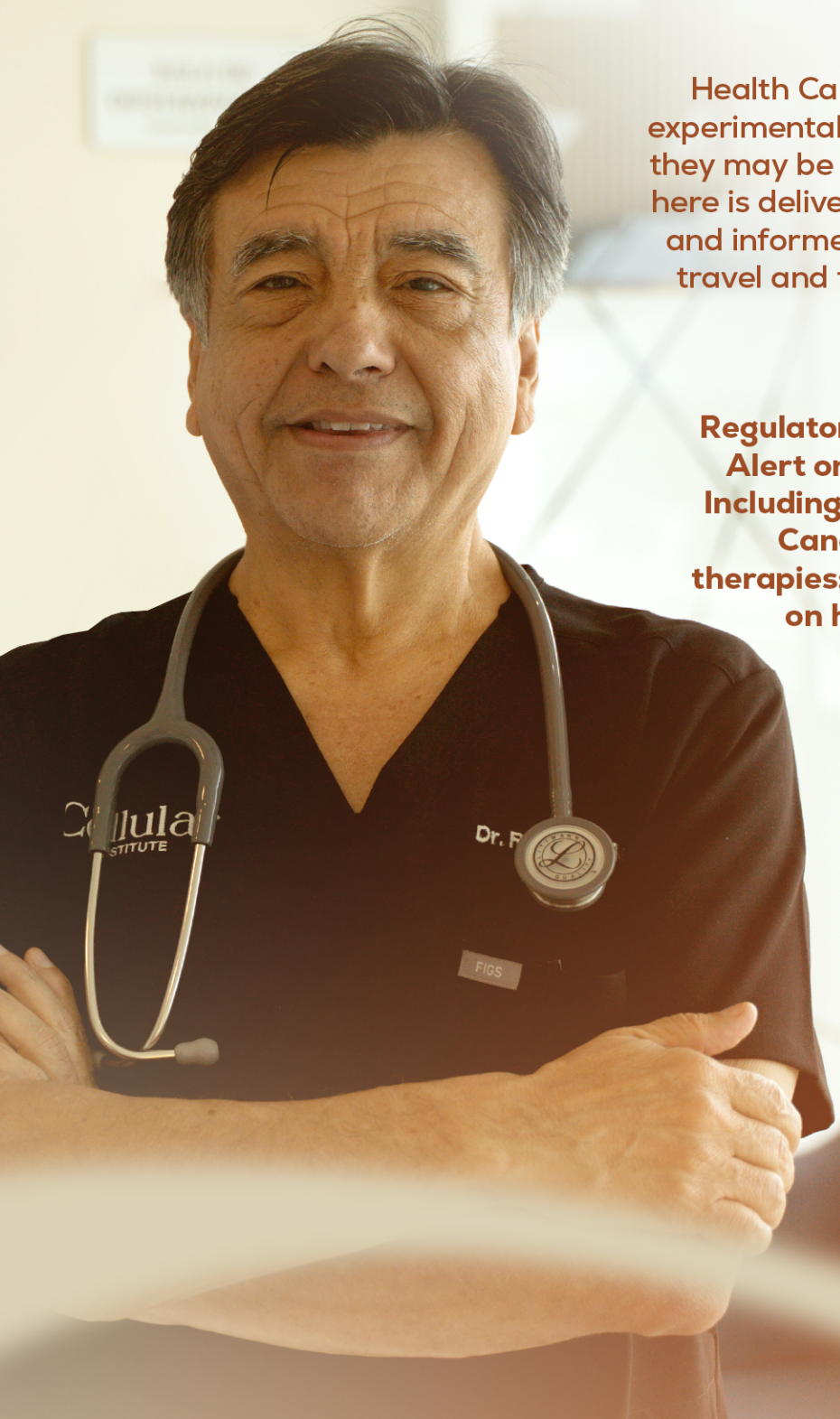
REQUIRES EXTRA REVIEW

- Active infection, fever, or unstable medical condition.
- Active cancer or cancer remission under five years.
- Unstable heart, lung, kidney, or clotting conditions.
- Anticoagulants, recent surgery, or major travel limitations.

START WITH A PRIVATE DISCOVERY CALL

We will discuss your goals, travel readiness, and next steps for a physician review. A final protocol and quote are provided only after your information is evaluated.

This brochure is educational and does not provide medical advice. The program is not intended to diagnose, treat, cure, or prevent a specific disease. Results vary. Regenerative cell, exosome, and many peptide interventions described here are investigational and are not FDA-approved for anti-aging, cognitive enhancement, fatigue, orthopedic, pulmonary, neurological, or other broad indications. No exosome products are FDA-approved in the United States.



Health Canada considers most cell therapies experimental and requires authorization before they may be offered in Canada. Care described here is delivered in Mexico after medical review and informed consent. Patients should discuss travel and treatment decisions with their own physician.

Regulatory references: U.S. FDA Consumer Alert on Regenerative Medicine Products Including Stem Cells and Exosomes; Health Canada advisory on unauthorized cell therapies; Health Canada 2026 final notice on human derived exosome products.

Important Medical Information



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